

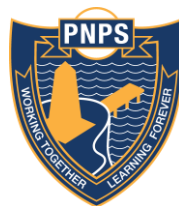
## Health Years 5-7

### **Focus area-Relationships and Sexuality**

Strand-Personal social and community health  
Aims: Practise skills to establish and manage relationships. To investigate resources and strategies to manage changes and transitions associated with puberty. They recognise the influence of emotions on behaviours and discuss factors that influence how people interact.

-Communication, relationships, pubertal development, reproductive system, gendered stereotypes and power, stereotypes, harassment, diversity decision making, seeking help.

## 2018 Term 3 Learning Overview PE/Health



## **Port Noarlunga Primary School**

Teacher  
**Mike Woolford**  
Years R-7

## SAPSASA

Metropolitan athletics championship

## House Competitions

Volleyball Competitions Yrs 5/6 and 6/7

## Organised Lunchtime Activities

Gymnastics Yrs R-3  
coached by Yrs 5-7

## Junior Primary

### **1. Focus area-Fundamental movement skills incorporating rhythmic and expressive activities with TRI SKILLS.**

Strand: Movement and physical activity

**Aims:** Perform fundamental movement skills in a variety of movement sequences using specialized gymnastics and trampolining equipment.

### **2. Focus area-Fundamental movement skills using active play and minor games.**

Strand: Movement and physical activity

**Aims:** To enhance fundamental movement skills with active play and minor games. Developing coordination through kicking using a variety balls and techniques. Learning to follow instructions and rules through minor games. Introduction to skipping and jumping.

## Middle Primary

### **1. Focus area-Fundamental movement skills incorporating rhythmic and expressive activities with TRI SKILLS.**

Strand; Movement and physical activity

**Aims:** Perform fundamental movement skills in a variety of movement sequences using specialized gymnastics and trampolining equipment.

### **2. Focus area-Fundamental movement skills active play and minor games**

Strand; Movement and physical activity

**Aims:** To enhance fundamental movement skills with active play using collaborative games while applying basic rules and scoring systems, and to demonstrate fair play. Developing coordination through kicking using a variety balls and techniques. Learning to develop strategies for team success playing invasion and cooperative games.

## Upper Primary

### **1. Focus area-Fundamental movement skills incorporating rhythmic and expressive activities with TRI SKILLS.**

Strand; Movement and physical activity

**Aims:** Perform fundamental movement skills in a variety of movement sequences using specialized gymnastics and trampolining equipment.

### **2. Focus area-Enhancing fundamental movement skills through team play and cooperative games**

Strand: Movement and physical activity

**Aims:** perform specialised movement skills and sequences, propose and combine movement concepts and strategies to achieve movement outcomes, and solve movement challenges. Learning to develop strategies for team success playing invasion and cooperative games. Developing coordination and skills with Tops table tennis programme.