

## Health Years 5-7

### **Focus area-Relationships and Sexuality**

Strand-Personal social and community health  
Aims: Practise skills to establish and manage relationships. To investigate resources and strategies to manage changes and transitions associated with puberty particularly hygiene and safe practices.

### **Focus area- Food and Nutrition**

Strand-Communicating and interacting for health and wellbeing

Aims; To recognise how media and important people in the community influence personal attitudes, beliefs, decisions and behaviours regarding food choices.

## 2018 Term 4 Learning Overview PE/Health



## **Port Noarlunga Primary School**

Teacher  
Mike Woolford  
Years R-7

## SAPSASA

Beach Volleyball

## House Competitions

Volleyball Competition Yrs 5/6

## Organised Lunchtime Activities

Gymnastics Yrs R-3  
coached by Yrs 5-7

## Beach Carnival

## Junior Primary

### **1. Focus area-Fundamental movement skills while identifying rules and fair play when participating in physical activities.**

Strand: Learning through movement

**Aims:** Perform fundamental movement skills in a variety of throwing and catching movement sequences.

### **2. Focus area-Fundamental movement skills using active play and minor games.**

Strand: Movement and physical activity

**Aims:** To enhance fundamental movement skills with active play and minor games based on Beach Carnival activities.

Developing coordination through throwing using a variety balls and techniques. Learning to follow instructions and rules through minor games. Introduction to school teams, beach carnival and corresponding activities.

## Middle Primary

### **1. Focus area-Combine elements of effort, space, time, objects and people when performing movement sequences based on volleyball.**

Strand:Understanding movement

**Aims:** To learn the rules, the fundamental movement sequences, forge team spirit and play fairly with volleyball as the sport.

### **2.Focus area-Fundamental movement skills active play and minor games**

Strand; Movement and physical activity

**Aims:** To enhance fundamental movement skills with active play using collaborative games while applying basic rules and scoring systems, and to demonstrate fair play based on Beach Carnival activities.

Developing coordination through throwing using a variety balls and techniques. Learning to develop strategies for team success playing beach carnival games.

## Upper Primary

### **1. Focus area-Manipulate and modify elements of effort, space, time, objects and people to play volleyball.**

Strand: Understanding movement

**Aims:** for all players to improve their skill set, to design a training schedule, to coach others to do their best, to build team spirit, to always play fairly within the rules of the game.

### **2. Focus area-Enhancing fundamental movement skills through team play and cooperative games**

Strand: Movement and physical activity

**Aims:** perform specialised movement skills and sequences, propose and combine movement concepts and strategies to achieve movement outcomes, and solve movement challenges with Beach Carnival activities..